

"I started using Youth the end of August ... I am feeling young, healthy, fearless and ready to rock!" Carmen Beernink





#### Probiotic use linked to improved symptoms of depression

Probiotics may relieve symptoms of depression, as well as help gastrointestinal upset, research from McMaster University has found. In a study published in the medical journal Gastroenterology, researchers of the Farncombe Family Digestive Health Research Institute found that twice as many adults with irritable bowel syndrome (IBS) reported improvements from coexisting depression when they took a specific probiotic than adults with IBS who took a placebo.

ProSanté Nourishing Scalp Treatment includes 10 powerful vitamins, minerals, and herbs uniquely formulated to create an environment for optimal hair growth and health. Its residue-free formula is clinically proven to strengthen hair and thicken by reducing hair loss during combing. Soothes scalp irritation and protects scalp's natural, healthful oil/moisture balance for healthier hair growth. Nourishing Scalp Treatment can be used daily on wet or dry hair. Contains the highest concentration of Scalp Health Complex, a unique blend of 10 vitamins, minerals, and herbs. This no-rinse formula doesn't leave hair sticky or oily. Safe for color and chemically treated hair. Fragrance free Paraben Free

Millicent Grosz: "If Nioxin is your current hair nutrient product, you owe it to yourself to try Prosante Nourishing Scalp Treatment. You'll never switch back! It's amazing."





## THE ULTIMATE FACE OFF

#### **YOUTH or RODAN + FIELDS?**

#### We are close on price BUT:

Hi Lorri

Thank you for reaching out. I am including here just some talking points of information. The short answer is yes, R+F uses many ingredients on our Free Of List because their brand positioning is not "natural" or "pure/safe". It is really more around "effective".

For example, they use the following (just to name a few), all of which are on our **Free Of List**:

- -EDTA
- -Parabens
- -Synthetic Fragrances
- -Artificial colors
- -Chemical sunscreens, including Oxybenzone
- -Talc
- -Ingredients that are NOT Vegan
- -Lauryl sulfates
- -Cyclic silicones
- -Ethanolamines (TEA)

That said, Rodan and Fields also use some of the most effective ingredients, like Vitamin A (Retinol) which is the #1 Dermatologist recognized most effective anti-aging ingredient. We also use this in a more gentle form in our YOUTH Activating Serum.

So, while we are inspired by Nature and leave out the questionable chemicals, we also deliver on efficacy/performance.

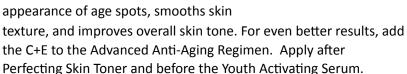
Hope this helps! Christos Kyrou Vice President Beauty Research & Development

### Youth goes beyond the FACE!



#### **Radiance C+E**

is a powerful patented formula of 20% pure vitamin C and vitamin E plus raspberry cell extract to plump, brighten, and visibly reduce the appearance of lines and wrinkles. Radiance C+E reduces the appearance of age spots, smooths ski



TIP: "I have also used the Radiance C+E on irritated areas on my face, back, and legs that needed healing and repair with great results. I have used it full strength or have mixed it with a pump of the Calming Complex."

# REAL LIFE TESTIMONIALS

I am eighty years old and the Director of a Museum. About a year ago I found myself unable to **track my thoughts** well at all and I thought it was time to retire. After finding **MindWorks** everything was on track again. I am still working full time and enjoying every minute of my job as well as selling MindWorks to everyone I can. Shaklee is a life saver one more time. Kay R





My dad had terrible bruising and would sometimes wake up with <u>new bruises</u> that he had no idea where they came from; I loaded him up with Shaklee **Vita-C**. Every time I was near him, I gave him another 2-3. In a matter of days he stopped bruising. He also took the Alfalfa tabs for his <u>gout</u> and that disappeared also. Janet D

I have to tell you that the "Hand Wash" product by Shaklee goes way beyond the HANDS. It is a fabulous "BODY WASH" that I use every day! I love the natural fragrance and how it leaves my skin soft, without any drying ... even in our Minnesota winter's. Lorri





Every time there's a seasonal change, Jimmy gets this really bad <u>sinus pressure</u> in his forehead. I cringe if he takes OTC sinus meds., but it gets unbearable for him. This time, we used Shaklee **Alfalfa**. He took it for 2 days and BAM! it was gone. Hasn't come back in 2 weeks. LOVE Shaklee! He took 5 pills twice a day with a meal. Melissa

We work hard. We play hard. We provide for our family with **RESIDUAL INCOME**. It's pretty amazing. Sarah G





I had chronic <u>sinus infections</u> and was on antibx every 3 weeks. This caused so many issues health wise. At the end we found out it was undiagnosed seasonal <u>allergies</u> that caused me to have sinus infections. I decided to strengthen my immune system with the Shaklee **NutriFeron, Garlic and Vitamin C** daily. When I had the actual sinus infection I would take **Defend and Resist** around the clock until the infection was gone. Now I take NutriFeron daily. Angela

I was outside for baseball practice for two hours this morning. The pollen was so thick that 5 minutes after I put my phone on the bleachers, the green powder had left a film on the screen. Guess what? Allergies aren't even touching me today. And neither have any of the viruses that have been swirling around the area this winter, including the flu. In the past I would have gone through all of the allergy meds and inhalers. I hated all of the side effects. Some didn't even work for <u>allergies</u>. A pollen count like today used to take me down for the entire day. I don't think it's possible to be any more grateful for finding a better way. Jill

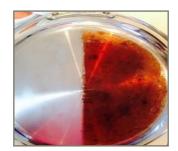
Note: Jill's solution: 2 NutriFeron and 5 Alfalfa taken daily





**Scour Off:** Natural ingredients remove the toughest dried-on splatters and spills, burned-on grease, baked-on food, and sticky messes without hazardous chemicals or toxic fumes.



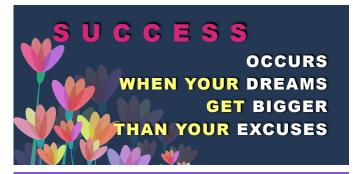


My grade: A+

This stuff removed all of the grime in my sink with minimal elbow grease and no toxins. Another bonus is that this stuff lasts a long time. I've had this container for over a year and its still half full! Most of Shaklee's stuff is a bit more expensive than what you buy in the grocery store, but considering that it's all highly concentrated, it actually comes out much cheaper.







Contact

#### **DINGY JEWELRY**

I hate when my wedding rings get dingy, and I can never clean them quite as good as they do at the Jeweler. So if you're left wishing you could get your ring to shine like the day it went on your finger then I've got an amazing natural solution for

you: 1/2 teaspoon of Shaklee Dish Soap and a teaspoon of Shaklee's Nature Bright in a pot of water. Put your rings in and bring to a boil for 4 minutes. Remove and give it a scrub under running warm water and voila! My rings have never been shinier. Ashley C

